

Support The
Salvation Army
Red Shield Drive
Sept. 20 to Oct. 2

The Coleman Journal

Most Effective Advertising Medium reaching the People of Town and District. The Journal goes into the Homes.

VOLUME 22, NO. 18

THE JOURNAL, COLEMAN, ALBERTA THURSDAY, SEPT. 16, 1943

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Official Opening of New Salvation Army Citadel Held Last Friday; Large Gathering Present

Mayor Antrobus in Address Declared Citadel Officially Opened; Col. and Mrs. Ursaki and Town Council in Attendance

Friday, September 10, will go into the records of the Coleman branch of the Salvation Army as a memorable day for it was on that date that the new and handsome Salvation Army citadel was declared officially open to the public by Mayor Fred Antrobus in the presence of Colonel and Mrs. Ursaki, divisional leaders, the local Salvation officers, Lieuts. R. D. Marks and S. Nahirey, the town councillors, Rev.'s J. R. Hague and G. A. Kettlys, of the St. Alban's Anglican church and United church respectively, S.A. officers from Fernie and a fairly large congregation.

Lieut. Marks, opened the meeting with the singing of several hymns and then introduced Colonel Ursaki, Alberta divisional leader, to the gathering. The Colonel voiced his pleasure at being here on this auspicious occasion and stated the new building had been the result of several years planning which had now become a reality. He called upon his wife, Mrs. Ursaki, for some Scripture reading. Following the reading Mayor Antrobus was called upon to declare the building officially open.

Mayor Antrobus stated he had seen many changes in the officers of the Salvation Army stationed in Coleman and he rated Lieut. Marks among the best. He gave credit to the Army for saving many men and women from going utterly astray during the

depression years.

Touching on the organizations serving comforts to the men in the First Great War he remarked there was always a warm welcome waiting one at the Salvation Army huts. He encouraged the S.A. to continue to increase its sphere of usefulness in the community and on behalf of the citizens of the Town of Coleman declared the Coleman Salvation Army Citadel officially open.

Rev. G. Kettlys gave a prayer for the success of the S.A. officers to be stationed here and that the new hall may be a haven for the burdened souls who may seek its shelter.

Rev. J. R. Hague on behalf of the Anglican church congregation and himself extended his heartiest congratulations to the S.A. officers for bringing to fruition their maturity their ambition to have a handsome and more spacious building. He compared their present building with the dust and dirt blackened hall of the past. He wished the S.A. continued progress and new success.

Following his sermon Col. Ursaki announced that Lieut. Marks had received his 'farewell' and that he would be leaving Sept. 13, for the Officers' Training College, Toronto, where he had been appointed to the staff. Lieut. Nahirey would succeed him as officer in charge of the local depot.

Present were two persons who had been present at the opening of the old Salvation Army hall thirty years ago, they being Mrs. Ruth Blower, of Coleman, and Mrs. Wm. Cousins of Bellevue.

Red Cross "Gets Its Man"

The RCMP is not the only organization in these parts to get its man as was witnessed on Wednesday morning.

A letter was received by the local secretary from the Provincial Red Cross in which a letter to a Mr. Mothan Mijtor, Coleman, Alberta, was enclosed. The enclosed letter was one which had laid unclaimed in the local post office for some time and had ultimately been sent back to Calgary.

The unclaimed letter was opened and contained a 25-word message written in Italian. It was taken down to Postmaster Graham, who upon examining it drew upon his years of experience with all kinds of writing to unscramble the address contained on the message to read August Mozzan, an employee of the East Kootenay Power Co. at Sentinel. Postmaster Graham's feat is worthy of commendation as Mothan Mijtor and August Mozzan certainly don't look alike. Frank's key to the solution was Mothan was Mozzan, which are pronounced almost alike. At any rate Mr. Mozzan has received a long awaited letter from his family in Italy and no doubt appreciates the local Red Cross action in tracing him.

RECEIVE STIFF FINES FOR STEALING HAY

Four Coleman youths, S. Kobuwuk, Mike Polski, W. McLeod and Harvey Roulier, were given stiff fines in local court on Tuesday morning when they were found guilty of having stolen hay at the International Coal Co. barn.

It is learned that a wave of thefts of hay, bran, etc., all pertaining to feed for horses, has been suffered by both companies as well as residents on Sixth street who had hay in their barns. The police have been on the lookout for some time and Tuesday's court case was the result.

CANADA PRODUCES FINEST ALTIMETERS; HUNDREDS GO MONTHLY TO ROYAL CANADIAN AIR FORCE



Marion Rogers, 15, tests "world's most sensitive instrument." Apparatus duplicates actual flying conditions, even to vibration of a plane.

A bomber dived through the fog, returning from another successful raid over Germany. Tired, but with a sense of a job well done, the pilot prepares to land his giant craft. A glance at the altimeter on the instrument panel tells him it is time to level off preparatory to starting his landing procedure. In a few moments the plane is on the ground, the motor silenced and the crew away to a well earned rest.

Without the sensitive altimeter to indicate its height, the plane might have crashed. On its hairline accuracy depends the life of the crew. On its accuracy, too, depends the successful bombing of their target. For whether at sea level or at 35,000 feet, the instrument must show altitudes or heights correctly.

Less than a year ago, the Kollsman Sensitive altimeter was imported. No factory in Canada was capable of making "one of the world's most sensitive instruments," as it is called. In a few short months, a new plant was built, workers trained to work to an accuracy of .0002 of an inch, and now hundreds of altimeters are being turned out each month to be used by the Royal Canadian Air Force.

This Canadian product not only equals but surpasses in performance those made in other countries. Under the severe strain of sub-zero temperatures, imported models were not accurate enough to comply with RCAF specifications. The Canadian instrument has been compensated to cut this allowable error—or tolerance, as it is known to the trade—by 40 per cent.

Joe Zak Seriously Injured In Battle For Sicily

Right Leg Amputated Above Knee; Wrist Fractured; "Everything O.K. Now", he Tells Family.

Joe Zak, 21, son of Mr. and Mrs. Henry Zak, of Blairmore, and well known locally, received severe injuries during the battle of Sicily and which will necessitate him returning home within the next few months.

Joe, in a letter to his parents, tells of his injuries which occurred on Tuesday, Aug. 3. He was hit by shrapnel, two pieces hitting his left arm, one piece tearing through a muscle and the other through his wrist, fracturing it. The arm is now in a cast taped to his body. The shrapnel also hit his left leg causing two wounds and also a wound to his hip. The right leg was the most seriously injured, shrapnel hitting a nerve centre, which caused the leg to go dead and resulting in army doctors amputating it above the knee.

The fighting where Joe was in action must have been heavy as he was without a doctor's care for 40 hours after receiving his injuries.

Despite his serious wounds Joe tells his parents that "everything is O.K. now" and not to worry. He expected to be taken to Algiers, thence to England and then to Canada.

Joe had his 21st birthday in hospital somewhere in Sicily on Aug. 29. He has only eleven months in the army, having enlisted on Oct. 1, 1942, and went overseas on March 2, 1943.

MOBILE RECRUITING UNIT

A RCAF mobile recruiting unit will be in Coleman Wednesday, Sept. 29, from 9 p.m. to 11 p.m., and will be stationed at the Grand Union hotel.

Frank Aboussafy Victory Loan Unit Organizer

Takes Over Position Held By H. C. McBurney in Past Loans; Attended Victory Loan Convention in Calgary This Week.



Coleman's War Finance Committee announced last week that Mr. Frank Aboussafy had been chosen to succeed Mr. H. C. McBurney as unit organizer in the Fifth Victory Loan which will be launched on Monday, Oct. 18. Due to poor health during the past month Mr. McBurney asked to be relieved of his duties in the forthcoming loan.

The committee is most fortunate in being able to secure such a capable man to fill the big gap which was made by Mr. McBurney's retirement. Mr. Aboussafy is well known, both for his activities on the council and for his many and varied activities in community life. He is a hard and aggressive worker who puts all his energy into the task he may undertake and as a result all of his community ventures have proven highly successful. For the past few years he has been publicity chairman of the local committee and his publicity activities have served largely in the promotion of successful Victory loans in Coleman and its immediate district.

Mr. McBurney will act in an advisory capacity to the local com-

Coleman's Salvation Army Quota Set At \$500; Campaign From Sept. 20 to Oct. 2

BLAIRMORE DOES A MAGNIFICENT JOB

Blairmore has done a magnificent job in aiding the China War Relief Fund and one on which it is to be commended.

To date it has raised \$630 with still more money in sight. There has been no high-powered publicity behind their efforts. Messrs. McDowell and Williams have been on the job collecting, aided by the Royal Bank and the occasional friend who collects the odd dollar and hands it over to them.

Blairmore is the only Pass town which apparently has done anything worth while on the China campaign. Coleman town council have donated \$10 to the fund, but outside of that donation there has been no organization created to campaign for the fund. Now that the Red Shield and the Victory Loan loan ahead it is doubtful if the China Fund would be given the support it deserves locally.

Mrs Sarah Saad Died Suddenly At Edmonton

Had Suffered From Lengthy Illness; Funeral Here Saturday Morning.

The death occurred at an Edmonton hospital at 3:30 a.m. Tuesday of Mrs. Sarah Saad, 46, following a lengthy illness. Deceased had undergone a serious operation on Saturday and had been in the city hospital since leaving here on Aug. 27.

Born in Syria, she came at an early age with her parents to North Dakota, where she grew into young womanhood. When sixteen she came to Canada and in 1914 at Fernie she married Mr. Saad. The latter was a dry goods merchant and in later years conducted business at Bellevue, Blairmore and Coleman. At the time of her death she was proprietor of the Saad block on main street.

Surviving are her two sons, Joseph and Donald; a daughter, Margaret, and her father, Mr. Albert Joseph. Her husband predeceased her in 1941. The late Mrs. Charles Nicholas was a sister.

The funeral will be held here on Saturday morning. Service will be conducted by the Rev. L. Sullivan at Holy Ghost church and burial will be in the Catholic cemetery.

PASS FOREST FIRE IS EXTINGUISHED

The forest fire that broke out Friday night two miles south of Blairmore in the vicinity of Beard's camp, was extinguished by some forty or fifty men under the direction of Harry Boulton, forest ranger, after fighting the flames all day Saturday.

Saturday night very little smoke was noticed around the fire. Friday night the fire made very little headway due to the large amount of moisture in the air, and with a fresh crew taking over the fight Saturday morning had the fire practically out before the heat of Saturday afternoon would have made the fire much more difficult to bring under control.

A few men were still watching and putting out stray sparks on Sunday. The only danger now is that some unseen smouldering sparks may spring to life if a strong wind develops.

mittie in the forthcoming loan. It is the earnest hope of the committee personnel that Mr. McBurney will soon be in good health.

Mr. A. Balloch, who has been Mr. Aboussafy's assistant in the publicity department, becomes publicity chairman.

Mr. Aboussafy, Mr. Balloch and Mr. Chappell, the latter unit organizer for Blairmore, attended the provincial Victory Loan convention at Calgary this week, which was addressed by Victory Loan vice-chairman Baldwin, of Ottawa.

Mack Stigler New Chairman; System of Collections Used Last Year Will Again Be Followed; Pass Given \$1,000 Quota.

The Salvation Army Red Shield Home Front Appeal will be launched locally on Sept. 20 and continue till Oct. 2. During that time it will be the aim of local canvassers to collect their quota of \$500. It was accomplished last Fall and there is no reason why it should not be accomplished again this year.

Coleman is asked to raise half of the Pass quota, the latter being \$1,000. Blairmore is being asked for \$400 and the balance to be raised between Bellevue and Hillcrest.

Mr. Mack Stigler will direct the local campaign this year due to the retirement from office of Mr. Herb Sherratt. The new chairman plans on following the same procedure of collections as was followed last year, namely, canvassing at the mines and having the Ladies' Red Shield canvass the homes of those persons engaged in business outside of the mines.

This campaign is the first experienced by Lieut. S. Nahirey, who only recently graduated from the officers' training college at Toronto.

Freda Antrobus Heard On Coast-to-Coast Broadcast

At 2:30 p.m. on Monday music lovers throughout the Pass towns listened attentively to the coast-to-coast broadcast of Coleman's Freda Antrobus, soprano, and Miss Nellie Smith, of Toronto, the broadcast originated in Toronto.

Reception from CJCJ, Calgary, and CBK, Watrous, was good in all towns with the exception of Bellevue and the clear sweet tones of both singers was enjoyed by the large majority of local listeners. Both girls sang several songs in their half-hour recital.

Three Pass men who know Freda very well were on a business trip to Calgary. Knowing the broadcast schedule they managed to get away from their business to rush into their car and get the program from the car radio. Reception was poor due to the street car wires overhead and other mechanical disturbances. Not to be beat they got the car in motion and set out for a part of the city quiet from interference, coming to a halt in one of the side streets where, cigarettes alight and bodies at ease, they listened with real enjoyment of the singing of the two young girls.

MRS. ANNIE YAGOS BURIED HERE ON SUNDAY

The funeral of Mrs. Annie Yagos, of Cowley, took place on Sunday afternoon, the funeral procession motoring from the family ranch on the outskirts of Cowley to the Holy Ghost church here, where service was conducted by Rev. L. Sullivan. Burial was made in the Coleman Catholic cemetery. Residing here are two sons as well as other relatives.

MEETS DEER ON MINE PATH

While walking to work one day recently Mr. Archie Beveridge had the interesting experience of meeting two deer on the McGillivray mine path. One was rather timid, while the other was much bolder, and eyed Archie with as much curiosity as Archie eyed it. This is the first time deer have been reported so close to the residential section.

COMING EVENTS

Polish Bazaar Sat. Oct. 23
Salvation Army - Oct. 9
Catholic Ladies' Aid Bazaar, Nov. 29, 1943.
Anglican Church - Nov. 6
United Church - Dec. 4


"Bobby" Goes to Petawawa

Major R. F. Barnes, who for the past couple of years has called the city of Brandon "home", has changed his abode and his address now reads, Headquarters, Petawawa Camp, to which point the Great Family Journal will be directed weekly. He sends his best regards to his many friends.

COLLECTING OLD PHONOGRAPH RECORDS

Air Cadets will be collecting old records to send to the RCAF to be processed for their resin and shellac content. These are urgently needed, so if you have any on hand the cadets will be pleased to call at your home and relieve you of them. Please notify either Harold Houghton or Percy Dickson, cadet officers.

3% Victory Bonds earn twice as much as money in the bank.


Hear
MAJOR CHARLES WATT
(formerly stationed at Coleman)
Red Shield Supervisor
Currie Barracks
— at the —
Salvation Army
Citadel
Coleman
SUN., SEPT. 19
At 11 a.m. and 7.30 p.m.
YOUTH RALLY
at 3 p.m.
EVERYONE WELCOME

Picobac

IT DOES TASTE GOOD
IN A PIPE!

GROWN IN SUNNY, SOUTHERN ONTARIO



Importance Of Geography

THE STUDY OF GEOGRAPHY has gained new importance as modern developments in communication have brought distant parts of the world into closer and closer contact. In the past, many facts concerning the geography of foreign lands were of little interest to the average person, but it is now generally realized that there are no longer any remote parts of the world, and that events in what once may have seemed to us a far-off place, may deeply affect the course of the lives of us who live in Canada. Cities, mountains and rivers in distant countries, which were once only names to us, are now as familiar as those of our own country. Canadians, many of them from the West, have fought in the shadow of Mount Etina. We have followed the fortunes of the gallant Russian Army across the wide stretches of that country and the names of their cities, villages and rivers are well known to us, as are many islands in the Pacific which were once unknown dots on the map.

German Planned Global Warfare

We are told that German strategy, which was so successful at the beginning of the war, was planned with the help of clever Germans who had made intensive studies of the geography of the world. This close association of geography with military strategy was believed to be new, and it was thought that it would contribute to the annexation by Germany of all the vital places and resources necessary for world domination. The destruction of the German armies in Africa, and the inability of the Axis to nullify British sea power, marked the beginning of the failure of this venture into the field of geopolitics, but there is still much to interest us in the realm of global warfare, and in the close association of the study of geography with our well-being now and in the future.

The Geography Of Canada

The people of Canada have been told on many occasions that they fail to fully appreciate the great potentialities of their own country. Canadian geographers point out that there are vast resources here still to be developed, and that Canada could have much greater agricultural and industrial expansion than is at present being undertaken. Alberta, we are told, has greater coal resources than those of Germany and Poland, where a great industrial development is maintained by coal production. There is the possibility for a similar industrial development in the Canadian West, where its coal supplies to be fully utilized. There are also great areas in the North, relatively unpopulated and undeveloped, where farm lands, water, and power are available. The opening up of all these resources is linked with the question of immigration and there are many problems involved, but it is clear that a close study of the geography of our country might open up many interesting possibilities, worthy of consideration.

Double This All-Bran Recipe Double Your Muffin Delight



Do you know there are two delicious uses for your All-Bran muffin batter? The old, favorite muffin recipe is the familiar one—but you can turn the batter into a mold and have All-Bran Bread instead! Spread your slices with butter, jam, cheese. Then you have something different to pep up wartime meals. Good for in between snacks, too. Better still, why not double this recipe and enjoy both?

ALL-BRAN MUFFIN BREAD

2 tablespoons shortening ¼ cup milk
¼ cup molasses ¼ cups flour
1 egg ½ teaspoon salt
1 cup All-Bran 2½ teaspoons baking powder

Blend shortening and molasses. Add egg and beat well. Stir in All-Bran and milk. Let soak until most of moisture is taken up. Sift flour, salt and baking powder together; add to first mixture and stir until liquid and dry ingredients are combined. Fill greased muffin pans two-thirds full and bake in moderately hot oven (400 degrees F.) about 25 minutes; or turn batter into greased loaf pan and bake in moderate oven (350 degrees F.) about 45 minutes.

Yield: 10 muffins (2-inch diameter) or, 1 loaf (8½ x 4½ x 3-inch pan).

Japan proper, with 73,000,000 inhabitants, has a larger population than the German Reich.

I FOUND A "BETTER WAY" TO CORRECT MY CONSTIPATION!



War means harder work for most of us. It's certainly no time to be handicapped by that common type of constipation caused by lack of "bulk" in the diet. If you have that trouble, here's a simple, enjoyable method that so many people use to correct the cause—they eat ALL-BRAN regularly instead of resorting to harsh purgatives that give only temporary relief.

This delicious cereal—it's grand tasting in muffins, too—keeps thousands regular, naturally... stops their trouble "before it starts". Try this pleasant plan. Eat KELLOGG'S ALL-BRAN every day... drink plenty of water... and see why it's called a "better way". Your favorite grocer has ALL-BRAN in two convenient sizes. Made by Kellogg's in London, Canada.

Your Boys And Girls On Active Service

(By Ottawa Observer)

THE female of the species of the armed forces had their innings last week with the CWAC's being honored on the second anniversary and the Wrens (Navy) celebrating their first birthday. Thousands of people in Ottawa on Sunday, August 29, watched Vice-Admiral Percy Nelles take the salute under the Peace Tower on Parliament Hill as smart platoons of Wrens and officers marched past in review. The khaki-clad CWACs are now well over 12,000 strong and the girls from all over Canada are doing a swell job in this war effort. Do you know that your soldier lads in the Albatrosses are approximately on the same parallel of latitude as Saskatoon, Sask., and Berlin in Nasty Land, seven hours behind our time in Ottawa. They might as well have been a hundred hours behind the Japs at Kiska, who wouldn't stay and fight, untrue to their "honorable" tradition.

What a family record is that of Mrs. William Culligan, of Waterloo, Ont., with five girls and a son on the fighting front. There is L.A. Olive at Calgary, Alta.; L.A. Ruby at Rivers, Man.; L.A. Carol at Trenton, Ont.; A.W.I. Pearl at Centralia, Ont.; Emma at Rockcliffe and Sam Carl in the U.S. army in Oklahoma.

Here's a grand program for listening pleasure—the new streamlined version of "Comrades in Arms," a weekly report of the Army, Navy and Air Force—comes over the CBC national network each Sunday at 5:30 p.m. E.D.T.

Our Canadian army fills cavities with Germans and Italians in Sicily, but it is interesting to know that when any of the lads had tooth trouble they sure could get it fixed pronto, because the Canadian Dental Corps was right up front with them on dental vans, fixed up on army truck chassis, insulated against heat and cold, and even with facilities for purifying water in special tanks. That's service de luxe, not half as good as finding a dentist ready to work on you right in Canada.

They have been saying lots of nice things about Wing Commander Robert S. Turnbull, D.F.M., of Govan, Scot., for his fine work in a four-engine bomber in the Nazi-directed blitz overseas. Twenty-four years of age he was a flight sergeant on November 20, 1941, a wing commander in November, 1942. One of his ground crew personnel is a Renfrew, Ont., lad, Corporal M. J. Prince.

Looks like saturation for awhile with the closing of three officers training camps at Chilliwack, B.C., Three Rivers, Que., and Gordon Head, B.C. In future, officer ranks will be filled mainly from ranks with overseas experience. Up to July 31, some 17,000 young officers have been trained for service here.

Folks around Ingleton, Ont., should be proud of Flying Officer Ian Simpson, navigator of a big bomber which got into difficulties in a heavily defended area. Four of the crew were ordered to bale out and a full load of bombs had to be abandoned. With F.L. T. Marsh, of Toronto, they got the machine back safely to a home base after getting rid of the bombs on a practice area.

The Reserve Army gets a variety of persons, and they could give a good account of themselves if the emergency arose. For instance, at the camp which was attended in Ontario by the 31st Field Regiment (Res.) R.C.A., two of the gunners were Tom Buck (not Tim), who was campaign expert for the C.C.F. at Guelph, and none other than Mayor Courtney of Hespeler.

The widespread ramifications of the diversified extent of the Canadian army shows up in perusing casualty lists, even though that isn't a pleasant thing, but we have to be realistic about things. I was looking at the official release of the 13th casualty list of the Sicilian campaign and among the casualties I found men from such scattered parts as Prince Rupert, B.C.; Wolfville, N.S.; South Bay, Ontario; Sands, Lancashire, England; Consort, Alberta; Nairn, Inverness, Scotland; Gratzetta, Barbados, British West Indies; Prince Albert, Saskatchewan, Canadians all.

Gibraltar Plot

Nip Plan To Blow Up Ammunition Tunnel

A Gibraltar dispatch to The London Daily Mail said that authorities had uncovered a plan to blow up an ammunition tunnel at the Gibraltar dockyards.

The attorney-general referred to the plan, it was said, while prosecuting a Spaniard Luis Lopez-Cordon Cuenca, on a charge of intending to assist the enemy and having a bomb for the purpose of sabotage.

Cuenca's arrest was said by the attorney-general to have averted a disaster of the first magnitude. He was accused of delivering a German-made bomb to a house in Gibraltar. He faces life imprisonment.

BETTER EDUCATED

H. W. Jamieson, superintendent of educational training, rehabilitation branch, Department of Pensions and National Health, told the Canadian Institute of Public Affairs that the basic level of education among soldiers in this war was far higher than in the First Great War. 2533

Sang At Quebec



Helen Claire Pomman, Montreal girl, whose first professional job was singing for the delegates at the Quebec conference. She was congratulated by Mrs. Winston Churchill. The 22-year-old girl has been singing for the troops at various camps in the past two years.

A Better World

A Lasting Peace Must Subordinate Self For The Common Good

A reminder has come from one of our religious leaders of the importance of "combined operations" in planning the world after the war.

He explained that this should consist of close collaboration between statesmen, scientists and economists and the vast army of workers and the Christian leaders of our land. This is a happy simile, signifying as it does a vigorous attack, leading to a sealing of the heights. For it is no exaggeration to assert that we shall never win a lasting peace without the lofty idealism which subordinates self to achieve the common good.

In this campaign parents can play a vitally important part by honoring their obligations and privileges. And, as this leader insists, let their guidance consist of a positive, joyous teaching rather than a series of grim prohibitions.

RIGHT IN HER LINE

A married woman in New Orleans has become her city's first dog catcher. Many husbands know how effective women are at putting males in the doghouse.—Edmonton Journal.

Bermuda is a group of 360 small islands of coral formation.



HEALTH LEAGUE OF CANADA FOOD BUDGET

These days we should have a budget for our food as well as our other living expenses.

You will find it to your advantage to plan at least three meals at a time. Then compare your menus from day to day and if there is any food left, try to work it into the next day's meal.

After you have done your planning wisely you should buy carefully. Study the prices of food, both staples and seasonal ones. If it is possible you will find it cheaper to shop at cash-and-carry stores. They can charge less as their overhead cost is less due to non-delivery and small staff.

When buying seasonal foods—fruits and vegetables, try comparing daily prices, often you can save a few cents by just looking before buying. If you want to keep your food costs low, buy food in season and when they are plentiful. Examine the vegetables to see if they are fresh and crisp, as they lose most vitamin value and flavour on standing. In that way you will get the most quality and quantity for your money.

If you buy the least expensive cuts of meat you can make stews, hash or pot roasts, for a change. There are many delicious recipes for cooking the cheaper cuts. Organ meats such as liver, kidney, heart, sweetbreads are the best meats you can buy if you want to get the most in food value for your money.

You should read the label on canned goods—the weight, quality and size of the products are given.

You will find it less expensive in the long run to buy large quantities of foods. Also food purchased in bulk is less expensive than that in packages. Cereals, sugar, salt, macaroni, dried fruits are food you should buy this way.

To obtain the most food value when buying bread and cereals you should buy whole grain products. They are a good source of the Vitamin B complex, some minerals and have a higher protein content. Refined cereal products on the whole have very little food value other than carbohydrate. Even though the initial price of the refined cereals and bread may be less, you will be receiving less food value for your money.

You might find it easier when buying foods to divide your food money into five parts using ¼ for each of these groups. (1) meat, fish, eggs, poultry (2) fruit and vegetables (3) whole wheat bread and cereals (4) milk, butter, cheese (5) staples, tea, coffee, salt, flour, etc.

HOW YOUNG CANADIANS CAN HELP TO WIN THE WAR



Christie's Biscuits

"There's a wartime duty for every Canadian"

SMILE AWHILE

"What made you decide to put off your wedding by two days at the last moment?"

"Well, you see, I reckoned it out that my silver wedding would come on a Saturday, and I always play golf on Saturdays."

Fortune-teller — You have the gift of oratory. When you speak I should imagine people listen open-mouthed.

Client — That's right; I'm a dentist.

Auntie—But what has your boy friend's army career got to do with him staring at every pretty girl he sees?

Niece—Oh, he's in the observation corps.

An enthusiastic golfer came home to his dinner after a game.

During the meal his wife said: "Willie, tell me he caddied for you this morning?"

"There, now," exclaimed Willie's father, "I thought I'd seen that lad before."

A grocer who had retired from business was greeted by a friend:

"My dear man, you are looking thin; idleness does not agree with you."

"Well, no," instantly replied the grocer. "I don't weight so much as I did."

Proprietor—You come into my restaurant, you order a glass of water, you drink it, and you calmly walk out!

Scot—What were ye expectin' me to do, mon? Stagger out?

Jimmie—What is middle age, Dad?

Father—Middle age, my son, is that period in a man's life when he'd rather not have a good time than have to get over it.

"Scientists say that the ants are the hardest workers in the world, but somehow they find time to attend all the picnics."

It was a rather warm day and the aviator was taking an elderly lady up for a ride. At about 10,000 feet she leaned forward and shouted, pointing to the propeller: "All right, young man. You can shut that fan off now. I am much cooler."

Mrs. Black—That poor Mrs. Jones has completely lost her voice.

Mrs. White—Dear, dear, I must go and call. I've been longing to have a good talk with her.

Cavalry Recruit: "I don't like the look of this horse's head, sir." Sergeant: "Oh, don't worry! You'll soon get over that!"

"Hello, Smith, old man, haven't seen you for some time."

"Been in bed seven weeks."

"Oh, that's too bad. 'Flu, I suppose?"

"Yes, and crashed!"

Judge: "It seems to me I've seen you before."

Prisoner: "You" have, Your Honor. I gave your daughter singing lessons."

Judge: "Thirty years!"

REACHED BY AIR

Wau, a gold-mining town in the New Guinea Mountains bombarded by the Japs for months is the one Allied base that can be reached by air, says Collier's. Since its founding in 1927, every person and every article has been flown in by plane, including dredges, building materials, war equipment, food and various animals even several race horses.

About 100,000 miles of wires are leased from telephone companies by radio broadcasting companies for the transmission of programs from station to station in U.S.



WAGE WAR ON WASTE!

WRAP LEFT OVER FOOD IN



LARGE INCREASE SHOWN IN CASH INCOME FROM THE SALE OF CANADIAN FARM PRODUCTS

OTTAWA.—The Dominion bureau of statistics estimated that the cash income from the sale of Canadian farm products had increased 25 per cent. in the first six months of 1943 compared with the same period last year.

Cash income for the 1943 period was estimated at \$538,300,000 against \$428,700,000 in the six months of 1942 and \$358,800,000 in 1941.

"The increase this year was common to all provinces except Ontario, and was most marked in the prairie provinces where substantial sales of wheat and other grains were made from the large 1942 crop," said the bureau.

"The greatest increase this year was in Saskatchewan, which was the only province recording a decline in the first six months of 1942 as compared with 1941."

Income from the sale of wheat increased substantially from the relatively low figure of 1942 but the greatest percentage increase occurred in the receipts from marketing of oats and barley.

For Canada as a whole, receipts from the sale of oats amounted to \$27,000,000 in the first half of 1943 as compared with only \$6,300,000 of a year previously and over the same period income from the sale of barley increased from \$4,300,000 to \$19,600,000.

In 1942 cash income for the entire year was \$1,083,100,000.

"The reduced grain crops in the prairie provinces this year, combined with difficulties in securing storage space, may reduce the fall marketings of grain, but on the other hand, substantial increases are

expected in the marketings of livestock," said the bureau.

Cash income from the sale of farm products in the first six months of 1943 followed, with corresponding figures for 1942 in brackets:

Manitoba \$47,034,000 (\$33,368,000), Saskatchewan \$111,029,000 (\$49,937,000), Alberta \$91,742,000 (\$66,419,000).

CAUSED DAMAGE

Army Manoeuvres In England Have Cost Country Over \$12,000,000

SOMEWHERE IN ENGLAND.—Damages amounting to approximately \$517,500 were caused by Canadian and British troops in large-scale army exercises last spring.

A white paper published by the British government committee on national expenditure said that in view of the large area of agricultural land "under free manoeuvre" by formation of troops and tanks, damage was kept "on the whole within reasonable limits."

Since November, 1940, the war office claims commission, dealt with 419,706 cases and more than \$12,000,000 were paid to claimants. The report did not say what proportion was the responsibility of Canadians.

MEN ARE NEEDED

EDMONTON.—A. O. MacLachlan, acting manager of the employment and claims branch, said here there is a shortage of about 3,000 common laborers in the Edmonton area.

Men are needed for highway and airport construction and for packing plants, coal mines, lumber camps and on farms, he said.

Army Ledger



BRIG. G. S. N. GOSTLING

Brigadier Guy Standish Noakes Gostling, E.D., 42, who commands a Canadian Infantry brigade overseas. Born in England, Brig. Gostling was educated at English and American schools and the University of Toronto. He was commissioned in a Winnipeg regiment in 1925. Mobilized for active service upon the outbreak of war, he served in Iceland for several months as a major. He was appointed officer commanding an infantry battalion in April, 1942, and the following November was made Assistant Adjutant and Quarter-master General of a Canadian Division. In civil life, Brig. Gostling was an executive with the Moore Corporation in Toronto.

OTTAWA.—The Soviet government has purchased two Ottawa houses to house its commercial and military attaches at the legation here.

MAIL FROM JAPAN

962 Letters Have Been Received In Recent Consignment

OTTAWA.—Postmaster General Mulock said a consignment of 962 letters has reached Canada from Japan and Japanese-controlled areas.

"Though some of the letters are from civilian internees, most have been written by military prisoners," said Col. Mulock's statement. "They are being sent out to the addressees through the fastest postal channels."

The consignment which has now arrived is made up almost entirely of letters dated as far back as last summer and most have come from people who were not heard from last year.

"Those next-of-kin who received letters last year should therefore, not be unduly worried about the safety or well-being of their relatives in Japanese hands if they do not receive a letter from the present group," said the postmaster general.

PLAN FOR EMPIRE

Australia's Prime Minister Thinks Pacific War Council Good Pattern

SYDNEY, Australia.—Prime Minister Curtin has elaborated on his suggestion that some sort of permanent imperial consultative body be formed for the management of the common economic and political interests of Britain and the Dominions.

He now has made it plain that he contemplates a council with a structure similar to that of the present Pacific war council, on which Britain and the Dominions could consult regularly.

Buy War Savings Stamps Regularly.

BUREAU OF STATISTICS SAYS CANADA'S WHEAT PRODUCTION IS SMALLEST IN SIX YEARS

SUBMARINE WAR

No Sinkings In North Atlantic In Past Three Months

OTTAWA.—Navy Minister Macdonald said at a press conference here, that there have been no sinkings by U-boats in the North Atlantic in the past three months but warned that did not mean the submarine war is over.

The North Atlantic is the Canadian navy's own special sphere of operations in convoying duties.

"Our view is the subs will be back," Mr. Macdonald said. "The Germans took a bit of a heating early this year and their losses were heavy but they still have several hundred submarines. They may be working up new weapons or devising new types of attack but it is more likely they will be out again in strength."

WAS IMPRESSED

President of U.S. Chamber Of Commerce Praises Britain's War Effort

SPOKANE, Wash.—High praise for the people of England was voiced by Eric A. Johnston, president of the United States Chamber of Commerce, who said he was "tremendously impressed" by their war effort. Recently returned from a trip to England, Johnston said in an interview that England, previously known for high-grade, hand-made goods, "is mastering the art of mass production."

"The part women are playing in this achievement cannot be over-emphasized," he added. "Some factories have as high as 92 per cent women on their pay rolls. . . . Their cheerfulness and their spirit is laudable."

Production of oats this year is estimated at 499,609,000 bushels, a reduction of approximately 152,000,000 bushels from the 1942 harvest, of which 93,000,000 bushels occurred in the three prairie provinces.

"The barley crop is placed at 222,655,000 bushels which is only some 36,500,000 bushels less than a year ago. Western Canada accounted for 30,000,000 bushels of this shrinkable."

CANADA IS NOW WORKING ON MILLION TON FLOUR ORDER TO BE SHIPPED TO UNITED KINGDOM

OTTAWA.—Canada has started a determined effort to provide the United Kingdom with about 1,000,000 tons of flour—an order twice as large as that announced as having been granted to Australia, Trade Minister MacKinnon said.

He told The Canadian Press that Canada now is "working on" the order, to supply the flour to Britain as speedily as possible. Every effort is being made to increase production of Canadian flour mills to meet the unusually heavy demand.

It appeared Britain is building up large stocks of flour, and some authorities speculated that these supplies will be held available for use in feeding the liberated countries of Europe as the war proceeds.

A part of the British flour purchase probably will be covered by the \$1,000,000,000 "mutual aid" bill approved by the Canadian parliament at its last session.

Officials said arrangements have been made under which, effective Sept. 1, British purchases of Canadian wheat will be paid for in Canadian dollars. This means Canadian offers of wheat will be quoted in Canadian dollars instead of in sterling as in the past, and the price will be on the dollar basis.

This step makes it possible to handle part of British wheat and some purchases under the mutual aid plan, since the amount voted for this purpose by parliament is in dollars.

Authorities said there can be no estimate what portion of the wheat or wheat flour shipments will represent mutual aid from Canada, since the amounts will be determined from time to time by the mutual aid board.

There was no indication of the price to be paid for the flour, but it was assumed by informed sources it will be no less than a rate based on the Canadian wheat board price for No. 1 Northern wheat at Port William—90 cents a bushel.

Some officials said it appears probable Canadian wheat or wheat flour soon will find its way into Italy, where the people have been on short bread rations for almost two years. Following the Italian capitulation it was expected food supplies would follow the United Nations' armies entering Italian territory.

Negotiations for the provision of 1,000,000 tons of flour from Canada were completed between the British and Canadian governments, Mr. MacKinnon said.

FEAR AIR RAIDS

BERNE.—A Budapest despatch to the Berne newspaper Der Bund said that government ministries in Bratislava, capital of Slovakia, and all unessential persons were being transferred to the country through fear that Allied air raids are imminent.

PARCEL MAILING

OTTAWA.—Faced with the task of moving more Christmas mail to more Canadians in more corners of the world than ever before, the post office department announced the deadline for parcel mailings will be November 1.

Battle Flag Presented To Blood Donor Service



—Canadian Army Overseas Photo.

Gen. McNaughton's battle flag (centre) donated by National Defence Minister J. L. Ralston, was presented to the Blood Donor Service of the Canadian Red Cross Society in Ottawa at an impressive ceremony at Blood Donor Service headquarters. The presentation was made by Brig. J. C. Meakins, Deputy Director of Army Medical Services and the flag was accepted by F. C. Elford, chairman of the Ottawa Blood Donor Service. It will hang with flags of the Royal Canadian Air Force and Royal Canadian Navy. Left to right in this group shown at the presentation are F. C. Elford, chairman of the Ottawa Blood Donor Service; Capt. E. R. Mainguy, D.S.O., O.B.E., Royal Canadian Navy; Brigadier Meakins; and Air Vice-Marshal J. A. Sully, A.F.C., Royal Canadian Air Force.

Brig. Gibson Reviewing Officer Graduates



—Canadian Army Overseas Photo.

Brig. Ralph B. Gibson, 48, Deputy Chief of the General Staff (A), recently returned to Canada after a tour of inspection overseas. Here he is seen reviewing graduates of a Canadian Officers' Training Unit in England. Many men are selected from the ranks overseas to return to Canada and earn their commissions at Officers' Training Centres.

Mrs. McNaughton Presents Trophy



—Canadian Army Overseas Photo.

Mrs. A. G. L. McNaughton, wife of Lieut.-General McNaughton, G.O.C.-in-C. First Canadian Army, presents the Brigadier H. V. D. Lang Trophy to Lieut. P. D. Crashey of Oakville, Ont., at a recent track and field meet held in England by formations and units of Canadian troops. Lieut. Crashey was the highest individual winner.

WAR PRODUCTION COSTS ARE MOUNTING AS CANADA ENTERS HER FIFTH YEAR OF CONFLICT

OTTAWA.—Expenditures on war construction and production in Canada since Sept. 9, 1939, total \$6,500,000,000—approximately \$600 for every man, woman and child in the Dominion, the munitions department announced.

As Canada enters her fifth year of war, the record shows more than \$720,000,000 in new factories, machinery and land sites financed by the government to speed the output of munitions. This cost would average approximately \$65 for every person in Canada.

The completed munitions themselves have cost the people of Canada nearly \$5,000,000,000, or about \$455 out of every \$600 spent by the department. War goods not produced in Canada but purchased from abroad account for approximately \$25 of every \$600 spent, or a total of \$250,000,000.

To help house workers engaged in essential industries more than \$65,000,000 has been invested in prefabricated homes, a sum representing an estimated \$5 out of every \$600. In the construction of defence projects, such as airports more than \$15,000,000 was expended, about \$50 out of every \$600.

From every \$100 invested in the construction of new plants and equipment, \$15 was allotted to the ammunition industry, \$18 to the chemicals and explosive industry, \$17.50 to the gun industry, \$1 to the machine tools and gauges industry, \$4 to the automotive industry, \$20 to industries producing raw materials, \$1.50 to the signals and instruments industry, \$10 to the aircraft industry, \$4.50 to shipbuilding and repairs, and \$8.50 to housing.

Canadian war production has reached a peak of \$55,000,000 worth of munitions a week as the Dominion enters its fifth year of war, Munitions Minister Howe said in a statement.

Reviewing the war production program, Mr. Howe made public new figures placing at \$3,094,000,000 expenditures in the year ended Sept. 1, 1943, on war production and construction, exclusive of food, metals, timber and other materials produced for war purposes but not under munitions department contracts.

Persons directly or indirectly employed in war work at that date were estimated at 1,100,000 and summaries of the production of specific war materials showed new highs.

"More than \$800,000,000 has been spent on hundreds of new plants and

thousands of new machines. Since peacetime industries have expended to two, five and even ten times their former size," the statement said. "By the end of this year Canada will have launched approximately 750 ships and delivered more than 10,000 aircraft." Mr. Howe said. "Military vehicle production will have passed the 600,000 mark and armoured fighting vehicle output the 35,000 level.

"The nation will have turned out nearly 100,000 guns, barrels and mountings as well as 1,000,000 small arms.

"It will have manufactured more than 1,000,000 tons of explosives and war chemicals; some 60,000,000 complete rounds of heavy ammunition and well in excess of 3,000,000,000 rounds of small arms ammunition. The total dollar value of the instruments and communications material output will be nearly \$300,000,000."

Case of Spelling

Henry was an ardent sutor, but his spelling wasn't so good. How ever, he thought it best to write to the father of his favored one, asking his consent.

"Dear sir," went on the note, "I wish to ask for the hand of your daughter, the flour of the family."

The father's reply was prompt. It ran "Did you mean the flour of the family or the dough?"

A small girl at a school in Kent was having her weekly 1-penny (2c) stamp put on her savings card when the teacher said "Do you know Lord Kindersley wants us to save another \$50,000,000 in three weeks?" "Oh, well," replied the child, "I'll have another penny worth."

- Spotighting -



LAW MAY RAMSAY

who has the distinction of being the first Pass girl to enlist in the R.C.A.F. (W.D.). She was born at Kirkcaldy, Fifehire, Scotland, and is the second daughter of Councillor and Mrs. John Ramsay, of West Coleman. She received her public and high school education in Coleman. She enlisted on March 1, 1942, and received her basic training at Toronto. She was then posted to No. 15 S.F.T.S. Clarendon, where she has been based ever since.

A Thumbnail Biography

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NOTES AND COMMENTS

The Fifth Victory Loan

The Dominion, provinces, cities, towns and villages are fast getting their plans laid for the launching of the Fifth Victory Loan on Oct. 18. Their goal is not an impossible one although the figure of \$1,200,000,000 is a large one to reach.

Coleman has already started to lay the groundwork. The quota has not been released by provincial headquarters, but we can take it for granted that the quota will be a fair one. At this early date the committee stresses the point to all this unit's workers to discuss the loan now. Budget their expenses in order that they can clear the financial decks to buy a little more than they did last year. The greatest aid to the committee would be the heart-to-heart talk of husband to wife and wife to husband as to the amount they can really buy. Be honest with themselves and above all let them be honest with the youngsters who fight in their behalf in the front lines.

The Home Base of an Army Is Indispensable to Victory

In the days of primitive warfare, sometimes an army travelled on conquering campaigns far from the homeland which was left by their overzealous onward march a prey to treacherous enemies nearer home.

No kind of triumph in the field of battle, on the high seas, or in the air can be truly called Victory if the sanctity and welfare of the Home Base is undermined. The preservation of the Canadian way of life constitutes the real reason for our participation in this war.

In the light of these facts we bring to our readers the urgent need of maintaining a correct balance between spirit which sees only the war to be won and the home life to be maintained. Both are essential. Neither can succeed without the other.

The Salvation Army presents a unique illustration of the unity of purpose and method of operation which is essential to real Victory. Its war services are spread over the whole world. It embraces the service with the Armed Forces in Sicily, in North Africa, New Guinea, England and Newfoundland, in several hundred centres in Canada.

Forty thousand women in the Red Shield Women's Auxiliary as one department, give service in making comforts for the men in the Army, Navy, Air Force and Merchant Marine.

The English, Australian, South African, Indian, American and many other national branches of The Salvation Army are also operating a vast war service machine as well as doing great service with the victims of bombing and the desolate refugees.

Nor is this service being given only in Allied lands, for The Army operates in occupied and enemy countries and though handicapped and hindered is still effectively serving in true Salvation Army tradition.

It is of supreme importance that the men of the Canadian Armed Forces shall know that the kind of service for which The Salvation Army exists is being maintained by the citizens at home while they fight for the maintenance of the principles of human brotherhood on the field of battle, in the air and on the sea.

The Home Base for this service is in the work in all the cities, towns and villages of the Dominion. Here the poor are visited, prisoners helped, aged cared for, sick assisted and the unfortunate given a helping hand. Personal service is given so often and so effectively that it has become proverbial.

This work must go on while Canadians have hearts to sympathize, vision to understand, hands to help; while there are problems to solve and a people ready, efficient and willing to solve them, while Canada remains the home of a brave, kind, understanding, enlightened people, this work will go on.

The Red Shield Home Front Appeal, to commence on Sept. 20, will help maintain the Home Base for another year. Your anticipation in whole-hearted partnership is earnestly solicited.

There is still a war to be won. The Allied nations have a long way to go and continued total war will likely be the rule over the world for two or three years. Japan has really won its war, if judged by the territory it now holds, and from which it is going to take a long period of time to dislodge its forces, they having the advantage of being nearer their home bases.

On the continent of Europe we have not begun to make any advance. Our only land victory so far is in North Africa. Western and Central Europe are still under German occupation or domination, and despite the softening up of German industrial areas by aerial warfare, people can stand a lot of punishment and still resist sufficiently to carry on war.

The people of Britain have demonstrated this, when they were less prepared than are the people of Germany.

The need for all-out production on the home front, for saving and loaning our money to the government by purchasing war bonds and savings certificates, will continue. By rationing of foodstuffs, gasoline and liquor, much less money is being spent than if there were unrestricted sales of these goods. Though the spending of money creates business activity under normal conditions, our efforts must now be concentrated on one objective—to win the war. That requires not only sailors, soldiers and airmen, but the combined efforts either directly or indirectly of the whole population.

Bill Naylor Featured In A Liberty Magazine Picture

Pilot Officer Bill Naylor is shown in a picture published in the Sept. 25 issue. The story with which the picture appears, is entitled "Nazi Nemesis, Harris of the RAF."

Bill appears with a happy grin in the first row and looks exceedingly well in spite of his dangerous tasks of bombing German-held territory nightly.

ED. WOODS NEW ELKS' SECRETARY

At a recent meeting of Coleman Elks, Herb Sherratt, who had been the lodge's secretary for a number of years, tendered his resignation, which was accepted with deep regret by the members.

Herb has been overworking himself for a long time till it has reached the point where his health was endangered. Wisely he has chosen to ease up and as a result has resigned from the position of Elks' secretary and also that of chairman of the Salvation Army appeal which will be launched this month.

LAC OLIVER SALVADOR INJURED

LAC Oliver Salvador received painful injuries on Sunday afternoon while on duty at Currie Barracks. It appears a truck struck him, causing a fractured ankle and back injury. It is understood he is a patient in Belcher hospital.

ARRIVES OVERSEAS

Mr. and Mrs. A. E. Ferguson, of Blairmore, received a cable on Saturday from their son Jack, informing them of his safe arrival overseas. A younger son, Donald, enlisted in the active army in August and is home in uniform at the present time.

RECEPTION

A reception was held at the home of Mr. and Mrs. J. Shields on Wednesday last week in honor of their son and daughter-in-law, Mr. and Mrs. Wm. Shields. The evening was spent in dancing and singing until the wee hours of the morning.

Adds Interest

Husband (irritably): "That's the second time you've asked what trumps are dear."

Wife (sweetly): "Well, you want me to show a little interest in the game, don't you, dear?"—Exchange.

The Churches

ST. PAUL'S UNITED CHURCH COLEMAN

Sunday, September 19
Morning Service at 11 a.m.
Sunday School at 12.15
Evening Worship at 7 p.m.
G. A. Kettily, Pastor

ST. ALBAN'S ANGLICAN CHURCH

Rev. J. R. Hague, A. Th., Incumbent

9 a.m., Holy Communion.
2 p.m., Sunday school.
7 p.m., Harvest Thanksgiving service.

Parishioners are requested to leave their contributions of vegetables and flowers at the church between 2 and 3 o'clock Saturday, Sept. 18, and a hearty invitation is extended to all who are interested to come and help with the decorating.

FINANCIAL

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Salvation Army

Red Shield Drive

Sept. 20 to Oct. 2

A Dominion drive to raise funds for the Salvation Army Red Shield will be launched on Monday, September 20th. Coleman has been asked to raise \$500.

SERVICE . . . is the motto of the Army, both in the war fronts and the Home front.

The Salvation Army is ever to be found behind the front lines giving comforts to the soldiers, both physical and religious. On the Home Front they are known for their work of giving succor to the sick, shelter to the homeless, food to the hungry, ever vigilant in keeping the shaky on the straight and narrow path.

When solicited remember that the "Army" is worthy of your full financial support.

Coleman's Objective \$500

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Bomb Damage and Civilian Moral

THE BOMBER PRESS IN GREAT BRITAIN

Another in a series of articles written by W.R. Legge and C.V. Charters, who represented the Canadian Weekly Newspapers Association in a recent tour overseas.

(Article No. 29)

By Walter R. Legge
All Canadians are intensely interested in the bomb damage in Britain. We found, on our return

to Canada, that everywhere we went we were certain to be asked about it.

It has been said that there is not a village in England that has not had a bomb dropped on it, but I know of several places that up to the time that we were there had not seen a bomb. After landing and boarding the train for London, we were surprised to see no sign of bomb damage until after we had been travel-

ling for several hours. There are few signs of bomb damage to be seen in any of the smaller places, except near the east and south coasts. Even in London there are large areas that appear to have been untouched. We began to realize how small a start the Germans had made toward the destruction of Britain.

When a building has been totally destroyed, it is difficult for anyone who has not seen that of the destruction. For instance, when we were being shown around Bristol, one day, our guide halted in the entrance of a large area that had been demolished. Pointing to a part of it, he said, "That is where one of our largest departmental stores used to stand." We could see a heap of rubble, but never having seen the store it was impossible really to appreciate the extent of the destruction.

In other places where the walls are still standing, it is much easier to understand the damage. We drove through parts of London, and later walked through parts of Bristol, on brilliant moonlight nights, and the moonlight shining through roofless and windowless buildings, made a terrible picture, never to be forgotten.

We visited blitzed areas in London, Bristol, Bath and Portsmouth, but there are many other places that have badly battered areas - Hull, Dover, Coventry, Plymouth, etc.

In some cases areas of several blocks have been absolutely flattened, while in others, one house in the middle of a block may have been demolished as if cut out by a huge knife.

We were told that there is a well defined pathway between London and the coast, leading toward Germany, along which the fields were ploughed up by bombs which had been dropped by raiders who, unable to penetrate the London defences, had turned back and dumped their bombs at random.

In April, 1942, Hitler carried out what is known as the "Bee-decker" raid, (so called because they were aimed solely at destroying famous places), on Exeter, Bath, Norwich, York and Canterbury. Civilian casualties at Bath Exeter, Norwich and York were 938 persons killed and 998 injured. Many of the killed were never identified. The pathetic description of one at Bath read, "Age, about two years; hair, fair; eyes, blue-gray; division between top row of teeth; no other distinguishing features."

The most deplored architectural loss in Bath was the Assembly Rooms. The rooms, said to have been the most beautiful in Britain, were first opened in 1771, and had been refinished in 1938 at a cost of fifty thousand pounds sterling. These rooms delighted Charles Dickens, who made them famous as the scene of Mr. Pickwick's game of whist with the three thorough-faced female card-players.

Bristol, we found, had been rather badly battered, principally in the winter of 1940-41 during which 2,250 houses were destroyed and about 46,000 received varying degrees of damage. Many other buildings were destroyed, including 22 elementary schools and 29 churches.

Our home in Bristol was the Royal Hotel which was carrying on, although the back part, including the dining room and many of the rooms, had been bombed off. The rooms occupied by some of our party did not have any glass in the windows.

In four of the larger cities which we visited, we saw areas many blocks in extent that have been completely flattened. Since returning home, I have heard that up until December 31, 1942 the number of Britons killed in air raids was 47,860 and the number injured was 56,410.

We heard many expressions of appreciation for the assistance sent to the stricken people by various funds in Canada.

One of the aims of the enemy was to destroy the morale of the people. It was interesting to study the actual effect. We

found that the stories we had heard of the way in which the people had taken the punishment dished out to them were absolutely true. Their spirit was simply wonderful.

One of our guides in Bristol, who had been a prosperous merchant, showed us a mass of rubble in the midst of the bombed area, and quietly remarked, "That is all that is left of my life's savings." No complaints. Just a grim determination to carry on.

An official of an establishment where one of my relatives was employed, was bombed out of three places the same night, but he was on time at the office in the morning.

There have been cases of employees coming to work in the morning before some of their relatives had been rescued from ruined buildings. England is a tight little isle packed with heroes and heroines, even if they do not all wear uniforms.

Their morale is proof against any terror that can be launched against them.

Here's to heroes and heroines, valiant and strong,

Who carry on bravely, no matter how long;

Through darkness and peril, they're steadfast and true, The people of Britain.— Here's to you!

LOCAL NEWS

Jimmy Taylor is a Calgary business visitor this week.

Miss Rose Popeniuk is spending a week's vacation at Lethbridge.

Master Howard Bennett is visiting in Creston for a few days.

Miss Vera Horbachek, of Vancouver, is the guest of her parents.

Mr. and Mrs. J. Wilkie and family spent the week end visiting relatives at Brooks.

Pete, Nick Horbachek, based in eastern Canada, has been spending a furlough at his home here.

Miss Jessie McCulloch, who enlisted in the CWAC in August, has been at Vermilion, Alberta.

Miss Edith Ash, of Calgary, is spending two weeks vacation with her parents, Mr. and Mrs. Ed. Ash.

Miss Margaret Vincent is expected home on Saturday, after being employed at the Lake for a few weeks.

Mr. and Mrs. Bert Garrett, accompanied by Mr. and Mrs. R. Lloyd, motored to Lethbridge at week end.

E. Salvador, proprietor of Sentinel Motors, attended a convention of Ford dealers at Lethbridge last Friday.

Lieut. R. Marks, of the Salvation Army, left on Monday for Toronto, where he has been appointed to the staff of the S. A. officers' training college.

The Journal acknowledges with thanks the renewal subscription received this week from Mike Kilish of Calgary.

A grass fire at the west end of Sixth street resulted in the fire engine being called out last week to extinguish it.

Mr. and Mrs. James Yates will leave Friday morning for the coast where they will attend the wedding of their daughter.

Mrs. Dave Sudworth entered the local hospital on Tuesday evening and underwent an operation the following morning.

Mr. and Mrs. James Glendenning and Mrs. R. Holmes returned home on Saturday after two weeks vacation in the Kootenays.

Complimentary to Mrs. D. Davies, of Edmonton, Mrs. J. Kellock entertained a number of ladies at tea on Thursday afternoon.

Mr. Robert Lowe and family are going to take up residence in Coleman. At the present time they are the guests of Mr. and Mrs. J. Lowe.

AC2 Arthur Westworth, RCAF, based in Edmonton, has been visiting his parents here for the past two weeks. He plans on leaving for the city on Friday.

Jack Graham and Joe Simla will leave this week to enroll at Alberta University, R. Montalbetti and Owen Jones, university students, will also leave this week.

Friends of Mr. Jack Derbyshire will be pleased to know that Mr. Derbyshire, while still a patient in the local hospital, is showing an improvement in health.

Last week there appeared in the Lethbridge Herald a war scene in Sicily. Featured in the picture was Pte. L. Jankulak, of West Coleman, who was in conversation with a Sicilian family along with three other Albertans in his unit.

Major Charles Watt, Salvation Army Red Shield supervisor at Currie Barracks, and at one time in charge of the Coleman S. A. corps, will visit here on Sunday, when he will be in charge of services at a Youth Rally. Old friends of Major Watt are invited to visit the S. A. Citadel and renew acquaintances.

Mr. Jack Pratt, former engineer at McGillivray, arrived in town this week accompanied by his brother-in-law, Jim Kellock, from Midnapore. Mr. Pratt has only recently returned from Britain where he spent five years. His home at the present time is in eastern Canada. While here he was the guest of Mr. and Mrs. J. Kinnear, senior.

Births

Born: To Mr. and Mrs. Miller Fleming on Sunday, Sept. 12, a son.

Born: To Mr. and Mrs. John Bindu on Thursday, Sept. 2, a daughter.

Born: To Mr. and Mrs. Ed. Hogan on Monday, Sept. 13, a daughter.

Mrs. R. Vincent and young son Henry plan on leaving next Monday for Erickson, where they will be the guests of the former's parents, Mr. and Mrs. H. Campbell.



EATON'S

New

(1943-44)

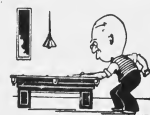
Fall and Winter CATALOGUE!

- It has been mailed!
- It's too good to miss!
- You should have it now!

If you have not received your copy, write to Winnipeg. One will be mailed immediately.

T. EATON & CO. LTD.

EATON'S



billiards for Steady Nerves

THE Artist that drew this picture always plays billiards before he draws. This practice invariably makes his hand and eye steady. If you're a case of nerves, or if things haven't been going right, there's only one cure—a game of billiards on Brunswick equipment in our Recreation Room.

Rialto Pool Room

billiards A Gentleman's Game

WAR SAVINGS CERTIFICATES

Space donated by the
BREWING INDUSTRY OF ALBERTA



Send Flowers To The Sick!

A beautiful bouquet of fresh cut flowers sent to a sick friend is a cure in itself. Remember your sick friend with a bouquet.

WE ALSO SUPPLY
Wedding Bouquets, Sprays, Wreaths
and Potted Plants.

COLEMAN JOURNAL

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FRACHE BROS. FLORISTS, LETHBRIDGE
Telephone 209, Coleman

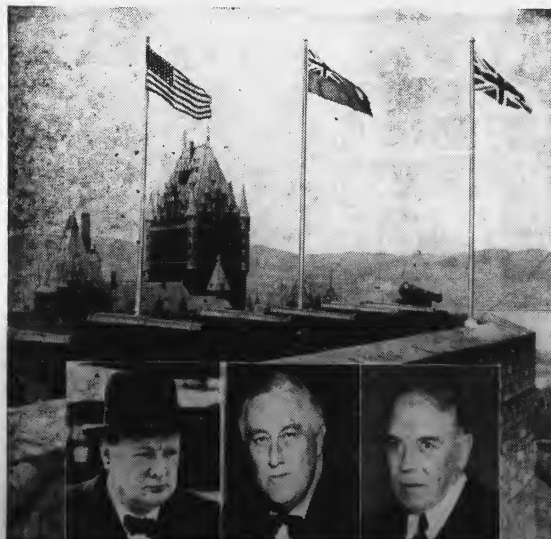
Eliminate Winter Headaches

Have Us Make Your Repairs Now

Excel Builders' Supply Co.

Coleman, Telephone 263

Chateau Frontenac "Work Centre" of Conference



Framed in this picture by the flags of Great Britain, the United States and Canada, the Chateau Frontenac, world-famous Canadian Pacific Railway hotel in Quebec City, fulfilled its most important role as the "work centre" of the strategy conference of the democracies for which Can-

ada was host. The towering Chateau, seen here from the cannon-guarded battlements of the historic Citadel, housed the technical experts who came to the conference on the staffs of Prime Minister Winston Churchill, President Franklin Delano Roosevelt and

Prime Minister W. L. Mackenzie King (left to right in insets) who themselves stayed in the Citadel. Foreign Secretary Anthony Eden and Secretary of State Cordell Hull, the British and American experts on foreign policy, lived at the Chateau Frontenac.

WORLD HAPPENINGS
BRIEFLY TOLD

The flagship of the Home Fleet has been changed from the King George V to the battleship Duke of York.

The Soviet government has decided to restore the Orthodox church to its status before the Red revolution with the sanction of Premier Josef Stalin.

The Admiralty announced British naval losses in the Sicilian campaign were two submarines, three motor torpedo boats and one motor gunboat.

More than 200 books missing from public libraries throughout Britain were recovered among 184,000 books collected in a paper salvage drive at East Ham, London suburb.

Five hundred Polish surgeons, lawyers and teachers and their families were killed by the Germans during July, according to reports reaching the Polish consulate at Montreal.

The Dominion bureau of statistics said a new high level in the value of British Columbia fisheries production was reached in 1942, with a total marketed value of \$38,009,559—\$6,327,522 more than in 1941.

Canadian whalers, who have continued their operations in spite of war in the Pacific, had taken 42 whales up to Aug. 14, compared with 127 at the same date last year, the fisheries department reported.

Sgt. Leslie Thompson, blinded while clearing a minefield at El Alamein "saw" the investiture at which he was D.C.M. through the eyes of his wife, who described the scene to him.

Warships Replaced

Royal Navy Now Has Five New Ones In Service

The Ottawa Citizen says the five battleships lost by the Royal Navy during the war have been replaced by mighty 35,000-ton battleships. Though over 30 destroyers have been lost in action, more than double this number have been built to replace them. When the war began, Britain had six aircraft carriers. During three years of war, only H.M.S. Furious survived; but when the American troops landed in North Africa, there were several Royal Navy carriers present.

Pinafore Or Jumper



By ANNE ADAMS

Two captivating styles from one simple pattern is a value no smart mother can resist! First use Pattern 4373 by Anne Adams for a jumper and blouse outfit. Then make the saucy, ruffled pinafore version. Buttoned down the back! Pattern 4373 is available only in children's sizes 2, 4, 6, 8, 10. Size 6, jumper, requires 1½ yards 35-inch; blouse, ¾ yard 35-inch; pinafore, 1½ yards 35-inch. Send twenty cents (20c) in coins (stamps cannot be accepted) for this Anne Adams pattern. Write plainly Size, Name, Address and Style Number and send orders to the Anne Adams Pattern Dept., Winnipeg Newspaper Union, 175 McDermott Ave. E., Winnipeg, Man. "Because of the slowness of the mails delivery of our patterns may take a few days longer than usual."

Four million tons of the sun's mass is converted into radiant energy every second

C.W.A.C. Personnel Fill Men's Jobs Overseas



—Canadian Army Overseas Photos.

In England, as well as in Canada, women of the Canadian Women's Army Corps fill important roles in the Canadian army, taking the places of men who can be released for more active service. Some of the girls serving in England are pictured here at work. Pte. P. M. Peake of Salmon Arm, B.C., is shown (left) at her workbench in the Transport Section of Canadian Military Headquarters in London, while at right Pte. M. Scott of Montreal takes instruction in vehicle maintenance from Pte. J. E. Lemire of Ottawa. In the centre picture, Ptes. S. A. MacDonald, West Bay Road, N.S., and I. L. Schiley, Whitewood, Sask., demonstrate that they can wash a car as efficiently as any soldier. The CWAC has taken over virtually all vehicle maintenance work at Canadian Military Headquarters in London.

Air Strength

British Aircraft Production Increases By Forty-Four Per Cent.

Capt. Oliver Lyttelton, Minister of Production, reported that British aircraft production in terms of structural weight for the second quarter of 1943 increased 44 per cent. over the same period a year ago. The total output for all munitions increased 25 per cent. for the same period.

In a statement on progress in a program of changes in British war production begun January 1, 1943, with a view of concentrating on selected equipment calculated to bring a maximum impact on the enemy, the Production Minister declared the combined war output of the United Nations was at present three times that of the Axis and will be four times as great next year.

"A particularly satisfactory feature is that our actual production during the first six months of the year has equaled planned production," Lyttelton added.

Britain is planning further expansion of aircraft production in the next 12 months.

Small cracks and chipped places in linoleum can be repaired by melting a wax crayon into them, using a color to match the surface.

Planning Necessary

To Deal With Conditions After The End Of The War

One of the reasons why after winning the last war we lost all its fruits was that during the war itself there wasn't sufficient general discussion or forming of public opinion as to what should happen after. We all thought rather vaguely of going back to the good old days. This time we all know we can't go back to the old days because they weren't good enough, with their mass unemployment and economic wars and breeding of new military wars. We must go forward to something better than the old days. Sir William H. Beveridge: The Pillars of Security.

VERY OLD RELIC

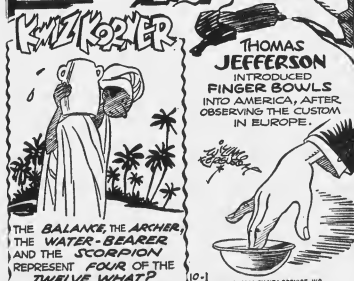
After lying neglected for 35 years in the yard of Thetford, Norfolk gasworks, a stone coffin believed to contain the remains of King Sveyn, father of King Canute, is to be re-interred in the ruined chapel at the Canons, Thetford.

USING SEWER GAS

Prof. William Holford told a luncheon in London of the Anglo-Swedish society that while in Sweden recently he found that sewer gas, compressed into cylinders, was being used in automobiles for locomotion.

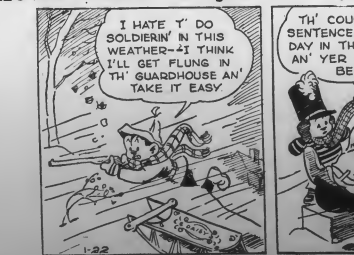
THIS CURIOUS WORLD

By William Ferguson



ANSWER: Signs of the Zodiac.

REG'LAR FELLERS—In Again—Out Again!



SUNDAY SCHOOL LESSON

SEPTEMBER 19

THE SIN OF MOSES AND AARON

Golden text: Be ye angry, and sin not. Ephesians 4:26.

Lesson: Numbers 20.

Devotional reading: Psalm 66:1-4, 19-20.

Explanations and Comments

The Arrival at the Wilderness of Zin, Numbers 20:1. We have now come in our study of the history of the Children of Israel to the first month of the fortieth year of their wilderness life. The people are back again at Kadesh, and there Miriam dies and is buried.

The Rebellion of the People, Numbers 20:2-5. "It is worthy of remark," observes Milton, "that those who are the most unworthy of liberty are wont to behave most ungratefully towards their deliverers." The new generation of the Children of Israel rebelled against their leaders, Moses and Aaron, just as their fathers had done, saying, "Would that we had died where our brethren died before Jehovah."

Moses and Aaron Seek Help from Jehovah, Numbers 20:6-9. Without trying to argue with the people, the leaders turn to God and fall upon their faces at the door of the tabernacle, "as if crushed and helpless in face of the heart-breaking proof of the persistent obstinacy of the old faults." Moses is directed to assemble the people, take his rod (Ex. 4:17, 7:17, 14:18; 17:9, 8, Num. 17:10) and "speak" to the rock that it give forth water for the people and their cattle, and Moses took the rod as commanded.

Moses' Sin and Sentence, Numbers 20:10-13. Moses assembled the people, and Moses cried, "Hear now, ye rebels: shall we bring you forth water out of this rock?" He spoke unadvisedly with his lips, Ps. 106:23. Note the pronoun "we," there is no reference to God. "His angry scolding betrays wounded personal importance, and annoyance at rebellion against his own authority rather than grief at the people's distrust of God, and for all distinct clouding over of his own consciousness of dependence on God for all his power."

"Because ye believed not in me, to sanctify me in the eyes of Israel," he denied the power of God to bring forth the water by ascribing that power to himself—"therefore ye shall not bring this assembly into the land which I have given them," was the sentence imposed upon the two leaders.

THE ONLY EXCEPTION

The sergeant halted the new sentry opposite the man he was to relieve.

"Give over your orders," he said. The old sentry feigned off the routine instructions with confidence, but one of the special orders baffled him.

"Come on, man!" said the sergeant impatiently.

"On no account," stammered the sentry, "are you to let any questionable characters through the lines, except the colonel's wife!"

Of the thousands of parcels sent through the British Red Cross to British war prisoners in Germany and Italy only one in 750 is lost.

Was Well Done

Camouflage Fooled Overbearing Officer In Spite Of His Criticism

Bennett Cerf, in the Saturday Review of Literature, says:

The rarest tale of poetic justice comes from dusty Texas, where an erstwhile New Yorker cartoonist is laboring in a camouflage unit. A loud-mouthed and overbearing officer drove up one day last week and bawled the daylight out of the entire company. Their efforts, he informed them, wouldn't befuddle a Jap with one eye missing entirely and the other closed by a cataract.

"Take down this claptrap," he belted, "and start all over again."

The officer then climbed into his jeep, and drove smack into the camouflaged headquarters hut.

Average Paraguayans eat a half-dozen or more oranges daily, that fruit being plentiful in their country.

Hitler's Synagogue

Name Given To Church In Dublin Built By Germany

Two years ago a couple of German planes got lost and bombed Dublin under the impression that it was an enemy target. Several buildings were damaged including a Jewish Synagogue.

De Valera protested to Berlin. Hitler apologized and said he would pay for the damage in full.

A complete new Jewish Synagogue was built with the German money. In Dublin it is known as Hitler's synagogue.—London Calling, in Financial Post.

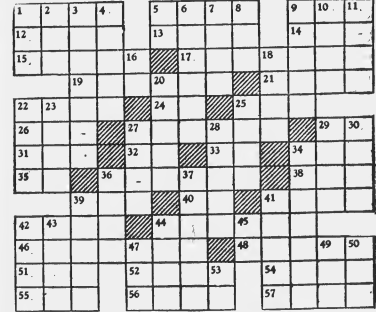
DECORATE TRAINING CENTRES

Twenty-five outstanding Canadian artists have donated their work to dress up huts in many Canadian Army training centres.

The earliest birds are believed to have been water birds.

X-X OUR CROSSWORD PUZZLE X-X

No. 4844



HORIZONTAL

1 King of Israel
9 Hiccup
12 Hindu god
13 Handle
14 Slang
15 Babylonian dwelling
16 Periodic windstorm
41 Caused to sound
42 Sacred
43 Short, thick stick
46 Novice
48 To escape
51 Insect egg
52 River in Spain
54 Shield
56 before
58 To conduct
57 Lower limb

VERTICAL

1 Girl's name
2 Pronoun
3 Profited
4 Soothing
6 Sun god
6 To urge
7 Ancient lyre
8 Fishing-net
9 Pastime
10 Base on balls
11 Toward the sheltered side
16 Proposition
18 Mexican peasant
20 Jewish high priest
22 Injury
23 Curved molding
25 Indigent
27 Sent
28 Aviclar
29 Broad goddess
34 To despoil
36 Mandatory precept
37 Egyptian millet
38 To excrete
41 Oblique
42 Sheet of glass
43 Mohammedan governor
44 To raise to the third power
45 Earth goddess
47 Snake-like fish
48 To excavate
50 Worm
53 Hypothetical force

ANSWER TO

No. 4843



LIFE'S LIKE THAT

By Fred Neher



"Of course, the essay I wrote is the same as my sister's . . . we both wrote about the same dog!"

BY GENE BYRNES





YOUR BREAD IS AMAZING

MY YEAST IS AMAZING!



MADE IN CANADA

ROYAL YEAST CAKES

MADE PERFECT BREAD

PURE, DEPENDABLE ROYAL ENSURES RICH-TASTING, EVEN-TEXTURED, SWEET, DELICIOUS BREAD

Could Handle Bees

British Pastor Able To Free Bomber Plane Of Swarm

It happened on an airfield in Britain. Working on a giant Halifax bomber at its dispersal point, the ground crew suddenly heard a strange buzzing noise, and saw a great procession of bees entering and leaving a small hole in the tail of the plane.

The Halifax was due to bomb Germany that night, bees or no bees. A frantic search throughout the district ensued until a local clergyman was discovered who said he could handle the unwelcome passengers. Gingerly the ground crew stripped part of the fabric off the tail, and the clergyman, wearing gloves, found the queen bee—whom he bore off followed by the rest of the colony.

The ground crew patched up the fabric and a few hours later the bomber took off for Cologne.

Mediterranean countries have an economy based on olive agriculture as old as recorded history.

The average depth of the oceans is 12,450 feet.

BACKACHE? Look out for Trouble With Your KIDNEYS

If your back aches or if you have disturbed sleep, burning or stinging, look out for trouble. This condition is a sure sign that your kidneys are not fully ridding your blood of poisonous acids and wastes. When the kidneys slow up, wastes collect. Backache, dizzy spells, puffiness and rheumatic pains may follow. Your kidneys need help—and there is a time-tried, proven way to help them known as GOLD MEDAL Haarlem Oil Capsules. These Capsules contain carefully measured quantities of that widely known diuretic called Dutch Drops. You will find their action fast and effective. Be sure you get GOLD MEDAL Haarlem Oil Capsules, the genuine and original Dutch Drops—packed in Canada. Get a 40¢ package from your druggist.

WILSON'S FLY PADS

3 Pads only 10¢



THEY LIKE IT AND DIE

Beau Jonathan

by J.B. Ryan

CHAPTER II.

ANNE JAMIESON attempted to slam her bedroom door in the nobleman's face. But a booted foot planted itself against the wood, tearing the door from her grasp. Another stride and the tall man had clamped a hand on the girl's arm. "Damnation!" he snarled. "You have flouted me long enough!"

"Denys!" The word tore from her throat. With blind fury she fought to break his hold. Her head dove to sink teeth into his arm, but the thick cloth of the greatcoat protected the man.

Out of the room came Estelle, flinging herself upon the man. The fellow staggered and before he could recover himself Anne had writhed out of his grip and darted under his arm.

He clutched at her, tearing the silken robe from her shoulders. Instantly, the hall was a maelstrom of action. From the shadows sprang the tall man's confederates to head off the girl racing for the stairs. Jonathan Hale was in the hall also, and so, too, was Monsieur Denys, emerging in a fury from the room next to that of the two girls.

The Frenchman had a sword in his hand and its expert flourishes quickly cleared the way for Mistress Anne. By this time Jonathan, who had been the farthest away, reached the scene of conflict. He sighted a man aiming a pistol at Denys who was in the act of turning to face the other foes in his rear. Jonathan's great fist rose and fell, descending like a club on the neck of the man with the gun.

THE blow sent the man crashing forward with a force that splintered the stair railing, but had been delivered too late to prevent the discharge of the pistol. The gun roared

downstairs and after you before you are out of earshot."

"Now remove your clothes," said Jonathan. "Strip yourselves to the skin."

Slightly mystified, but willingly, the servants obeyed, making a pile of doublets, shirts, breeches, hose and even their shoes. "Now," said Jonathan, "toss everything into the fireplace and start a blaze."

The tall man had not stirred. "You, too, my lord," reminded Jonathan.

The bony face was livid. "I'll see you in hell first!"

JONATHAN'S arm straightened and the rapier bit into the thigh of the stubborn man. "Undress yourself, my lord, or I shall slice your clothes from you in ribbons."

The tall man, his face twisted in pain from the sword prick, turned the sullen and swept his cloak into the smoke of the fire eating into the clothes of his servants. As the master removed his garments one by one, the servants performed a like task on the man on the floor.

Jonathan turned toward the door, but at the threshold paused to snap the blade of the nobleman's sword and toss the broken weapon back into the room. Then he locked the door and pocketed the key.

SOMETHING stirred in the shadowy hall, Monsieur Denys pushing himself up dazedly from the floor near the wrecked balustrade. Jonathan dropped beside the Frenchman as the fellow was fingering the bloody gash across his forehead.

"You are hurt badly, sir?" "Just a scrap—upstairs," Denys shook his head, then peered intently at his questioner. "Who are you?"

"I am a friend," smiled Jonathan, helping the smaller man to gain his feet. "You have nothing to fear now. Everything is all right, pro-



Denys looked up at Jonathan, saying "She's all right."

and Monsieur Denys sagged and sank slowly to the floor. Jonathan caught one of the balusters below the broken hand-rail, ripped the pillar from its fastenings and with that improvised weapon found himself facing the blade of the tall man.

The advantage should have been wholly on the side of the nobleman. But his lordship raging at the miscarriage of his plans, and perhaps scornful of such opposition, made the mistake of attacking furiously, driving his point at Jonathan's chest. Jonathan, shifting quickly, knocked the length of steel aside, then almost in the same motion, swung the cudgel a second time. The knobby oak landed indiscriminately on the hip and wrist. Two nails on the end of the baluster, bent like claws, raked through flesh and bone from wrist to knuckles, became ensnared in the carvings of the guard and the sword was vented from the grasp of his lordship.

The tall man attempted to regain the weapon as it clattered to the floor, but another sweep of the nail-fanged club drove him back. From either side rushed the nobleman's two remaining henchmen to take up the battle with bare daggers. Jonathan, dropping the baluster, stooped again, catching the rapier and rising in time to meet the additional menace, properly armed for the first time.

The steel stopped the servants flustered. They retreated warily, saw that they were about to be hemmed in by a corner of the hall, and backed instead into the doorway of a convenient room. With them went his lordship, equally anxious to avoid the blade wielded so expertly for all that the man who now possessed it was an undoubted rustic.

JONATHAN, his lips in a grim smile, knelt again, digging his fingers into the collar of the man he had knocked senseless at the beginning of the fray. Before the man bunched in the doorway had divined his purpose, he was upon them, dragging that limp body after him and forcing the trio further into the room with a swing of his sword. Across the threshold himself, he heaved the unconscious man into the room and closed the door with a movement of the foot. One of his servants stirred uneasily. Jonathan fingered the key in the lock.

"You—you are not going to murder us?"

"No," Jonathan said. "If you will surrender those knives I shall merely lock you in here and await my lord."

The two knives were tossed at Jonathan's feet. His lordship said sourly, "You shall rue this night's work, my country bumpkins. Lock us in here if you will, but I shall be

downstairs and after you before you are out of earshot."

Jonathan, "Strip yourselves to the skin."

Slightly mystified, but willingly, the servants obeyed, making a pile of doublets, shirts, breeches, hose and even their shoes. "Now," said Jonathan, "toss everything into the fireplace and start a blaze."

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vided no harm has come to Mistress Jamieson."

They found her at the foot of the stairs, a barefooted, crumpled heap in a white nightgown. Anne had tripped or fallen in her headlong flight. Denys knelt beside the girl and looking up at Jonathan said, "She's all right."

Then, knowing, the innkeeper, appeared with a light, the girl Estelle behind him with a jar of water.

A MURMUR indicated that Mistress Anne was recovering. Soon she was able to swallow from the vessel Estelle held to her lips. It was Denys who informed her that the entire party had been saved by the tall young Pun. The girl thanked Jonathan so warmly that the youth was quite embarrassed.

Jonathan cleared his throat. "If Mistress Jamieson will permit me—"

he ventured awkwardly.

The brown-haired girl smiled and lifted her arms.

A peculiar sensation coursed through him, as he took her in his arms, a sort of giddiness that almost made him fear he would manage this exquisite burden no better than would the injured Denys.

But his feet did not falter. In fact the giddiness turned to exhilarating as he followed Estelle and the Frenchman toward the rear of the tavern and into the yard. At the stables, hostlers were already hitching horses to a small coach. Denys opened the carriage door so Jonathan could lower Anne to the cushioned seat within.

"Thank you, Jonathan," the girl whispered gratefully, as he tucked a robe about her. "You—are very strong."

(To Be Continued)

Anne departs for London.

The City Of Kharkov

Was At One Time Russia's Biggest Tank-Producing Centre
Kharkov, captured from the Nazis, was Russia's original "tank town". Before it first fell to the Germans it was the nation's biggest tank-producing centre, employing 900,000 workers.

Kharkov was the Detroit of Russia. In peacetime more than 50,000 agricultural tractors were turned out every year. The industrial activity of the city ranked in the minds of Soviet citizens with the wonders of the Dnieper dam and the steel city of Magnitogorsk.

Kharkov also was the site of one of Russia's biggest aircraft factories, the monthly output of which was said to have reached four figures. Machine tool plants, locomotive works and electro-technical factories were among other important industrial enterprises.

Kharkov's place of state industry was a towering skyscraper, the largest office building in Europe. Streets were lined with tall modern apartment buildings for workers, which were considered models for housing the world over.

The Kharkov sports stadium seated 100,000 spectators and the city had a theatre seating 4,000 persons.

Keeping The Peace

Will Need Two Bodies In Post-War World

Sir Herbert B. Ames, first financial adviser to the League of Nations, said in an address at a service (Rotary) club luncheon in Montreal that he believed two "distinct organizations" should be set up after the war, one to guarantee peace and the other to deal with non-political problems.

"It is as necessary to have international police power as it is to have law element in civic life," Sir Herbert said. Any new league of nations created after the war, he added, "must be able to absolutely guarantee that, for those states that accept its decisions, there will be protection while those who commit acts of aggression will not only be checked but sternly punished."

NEW SCOUTING PLAN

A chief scout's commission to plan for the advancement of scouting in Canada was set up in compliance with the wishes of the Earl of Athlone, Chief Scout for Canada, at the concluding sessions in Ottawa of the Conference of National Scout presidents, commissioners and secretaries.

Mexico produces 40 per cent. of the world's silver.



"It's my war job to keep my family fit!"

"That's why I'm following Canada's Official Food Rules and serving a whole grain cereal every day. Usually our whole grain cereal is Nabisco Shredded Wheat. It's 100% whole wheat with all the bran, minerals and wheat germ. We think it's a grand energy food for breakfast or any other meal. Look for the familiar package at your food store."

KEEP CANADA KEPT FIT

THE CANADIAN SHREDDED WHEAT COMPANY, LTD.
Mississauga, Ontario

MADE IN CANADA — OF CANADIAN WHEAT

Egg Production

Contented Hens Will Lay More Eggs In The Fall

Comfort and contentment for pullets in the growing stages has a definite relation to their laying of eggs in the fall of the year. In view of the fact that egg production is a vital war effort, the Dominion Department of Agriculture points out that shade from summer heat is necessary for the proper comfort of growing stock and laying hens. Birds enjoy a shady place in which to sit and doze during the heat of the day. A range shelter will provide good shade, or a colony house may be raised up or moved to the vicinity of small trees or bushes. Growing pullets enjoy a low shade where the ground is dry and they can fluff their feathers and dust themselves. A dust bath is Nature's way of providing against body lice.

LONELY PITCAIRN ISLAND

The magistrate of Pitcairn, South Pacific Isle colonized in 1790 by the mutinous crew of the British naval vessel Bounty, is dead. The body of Arthur Herbert Young, great-grandson of Ed. Young, one of the leaders of the mutiny against captain Bligh, commanding officer of the Bounty, was found in his garden.

Globe Trotter



The wide world is "home" to Leading Airwoman Arleen King of the Royal Canadian Air Force station at Trenton, Ont. Born in Singapore, she was educated in India and England—she has lived in New Zealand, Australia, Tahiti, Java, Honolulu—and, until her enlistment, lived with her parents, Mr. and Mrs. W. L. King, at 609, No. 3 Road, Stevenson, Lulu Island, B.C. In Canada for the past six years, she and her family were safe enough when Singapore fell. But not so fortunate were her uncle and aunt, who were bombed out of Singapore, and left just before its fall—were bombed out of Java and finally escaped to Kenya Colony, South Africa. Slender, red-

haired, and pretty, "Red" is a motor transport driver and handles the huge refueling and crash trucks as easily as the station wagons. The intricacies of engines are no mystery to her. Clad in overalls and with pliers in hand, she can "tinker" with a troublesome engine, patch a tire, or do a grease job on any of the station wagons. The Kings have led a nomadic life. Mr. King was a rubber buyer in Singapore and Arleen spent the first 15 years of her life there and in England and India where she got her schooling. Her other years, which do not total very many, have been spent travelling from one country to another with short periods of living in each.

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FREE! A Valuable Recipe Book "Economy Recipes for Canada's Householders" containing many recipes suited to today's requirements. Send a postcard with your name and address with the words "Economy Recipes", Address Dept. 4L, The Canada Starch Home Service Dept., P.O. Box 217, Winnipeg, Man.



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"MIDDLE-AGE" WOMEN (38-52)
SEE THIS ADVICE!!
If you're cross, restless, NERVOUS, suffer hot flashes, dizziness—caused by this period in a woman's life—try Lydia E. Pinkham's Vegetable Compound. Made especially for women. Hundreds of thousands of women believe. Follow label directions. Made in Canada.

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SIX VITAMINS WITH IRON

An easy and convenient way to take Vitamins. Comes in a powder form that may be mixed with food or beverages. Equally good for children or adults.

Box of 50 individually packed doses for **\$2.25**
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Special This Week

ENGLISH FRUIT SALINE and Clear Glass TUMBLER... **Both for 45c**

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Ornamental Wall Plaques

Colorful Fruit Plaques, per pair **\$2.00**
Old Fashioned Ladies in Pastel Shades of
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Large Round Plaques, each **\$2.00**
Smaller Plaques of Senoritas, Pears, etc., each **59c**
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HIGH-CLASS ENTERTAINMENT

Program For Coming Week

Saturday, Monday and Tuesday, Sept. 18, 20 and 21

"HITLER'S CHILDREN"

See how the Nazi Youth is trained to hate and despise everything that is not German
also NEWS and SHORT SUBJECTS

ONE NIGHT ONLY, Wednesday, Sept. 22nd

25-BARGAIN NIGHT--25c

They're at it again! Bing CROSBY and Bob HOPE, in

"MY FAVORITE BLONDE"

also NOVELTY and CARTOON

Thursday and Friday, September 23 and 24

Mary MARTIN, Dick POWELL, Rudy VALLEE in

"HAPPY GO LUCKY"

A joyful jamboree — in Technicolor
also Cartoon, Popular Science and Novelty

Cole's Theatre, Bellevue

Saturday, Monday and Tuesday, Sept. 18, 20 and 21

Randolph Scott, Glenn Ford and Claire Trevor, in

"THE DESPERADOS"

Flaming action of the West—in Glorious Technicolor

also NEWS and "CANADA CARRIES ON"

Orpheum Theatre, Blairmore

Saturday and Monday, September 18 and 20

Dennis MORGAN and Ann SHERIDAN, in

"WINGS FOR THE EAGLE"

also CARTOON and COMEDY

Local News

Mr. and Mrs. James Barclay are spending a vacation at Nelson.

Mrs. Storm and family are visiting the former's mother at Saskatchewan for a month.

Miss Marie Smith, of Regina, is visiting her aunt, Mrs. T. B. Smith.

The Harvest Tea sponsored by the United Church Ladies' Aid was very well attended on Saturday afternoon.

Mr. and Mrs. George Evans, accompanied by Mr. and Mrs. M. Joyce, visited friends at Fernie last week.

Mr. and Mrs. Neil McKinnon returned home on Friday after spending a vacation at Nelson and Kimberly.

Pilot Officer R. Cooney and Miss Audrey Halliwell of Macleod were week-end guests of Mr. and Mrs. R. R. Pattinson.

Mr. and Mrs. Chas. Haig, of Michel, and their son Tom of the Canadian navy, were the recent guests of Mr. and Mrs. George Evans.

W. L. Taylor, Blairmore C.P.R. agent, is away on holiday to be spent at Edmonton and other points north. He is being relieved by Mr. Totten.

The Journal thanks Mrs. J. Smith, of New Westminster, and the C.N.P. Motors, Blairmore, for re-news subscriptions received during the week.

Mr. and Mrs. Thomas Price, of Bellevue, announce the engagement of their youngest daughter, Gertrude Audrey, to Mr. Henry Hardy, son of Mrs. C. Hardy, of Coleman, the wedding to take place in Bellevue the latter part of this month.

Mr. and Mrs. W. H. Garner have returned home after three days visit at Calgary where they were the guests of Mrs. Robert Fairfull. While in the city they met Mr. G. R. "Dad" Powell who is much improved in health after a lengthy sickness. He wished to be remembered to his many friends here.

On a recent trip to Toronto, Mr. and Mrs. H. T. Halliwell met former Colemans in the person of Mrs. M. Clifford, former public school teacher in Central school, and the former Miss Adele Whiteside, who with her husband had been visiting in the Muskoka Lakes district of Ontario. Mrs. Clifford is living for the present in Toronto. Quite an interesting chat was held with them on former days in Coleman. Miss Florence McDonald, daughter of Mr. and Mrs. Jack McDonald, was also met and she is a dietician in one of the large departmental stores in Toronto.

ANNOUNCEMENT

Mr. and Mrs. James Yates announce the engagement of their daughter Ella to Lt. Roderick Macdonald, of New Westminster, B.C., the wedding to take place on September 25.

Baptisms

The Sacrament of Baptism was given the infant daughter of LAC and Mrs. Vernon Brown, nee Lorraine Rippon, on Wednesday, August 22, when she was given the names Verna Ann.

Fernand Jerry Pinotti, infant son of Mr. and Mrs. Salvatore Pinotti, was given the Sacrament of Baptism on Wednesday, August 29, at St. Paul's United Church, Rev. E. B. Arrol officiating.

In Memoriam

MAKIN—In Loving Memory of John W. Makin, who died Sept. 7, 1942.

Dear John, you are not forgotten, Though on earth you are no more.

Still in memory you are with us, As you always were before. Sadly missed by his wife and friends, of Hillcrest, and sister and brother, of Coleman.

Cigarette Fund Notes

Dear Sir: Just received your second shipment of cigs. Thanks a million, because they really do taste good over here. At present I am with Bert Murray, Alex. Kanik, Malcolm Smith, Francis Mason and near a lot more of the Coleman boys. Just came off leave from Sheffield and London and had a wonderful time in an English home. Thanks again.—Bill Ninman.

Received the usual punctual 300 Sweet Caps. I am depending on them each month and you can guess just how much they mean to most fellows who are lucky enough to get them.—A. McQuarrie.

Cigarettes received safely. Many thanks. Am well and looking forward to the time when we will all be back. Hope everything is o.k. on that side. Yours in appreciation.—Alfred Jones.

Dear Sirs: I have been receiving a parcel of cigarettes from you each month. Yesterday I received three parcels sent in April, May and June. I believe the delay in delivery was caused by my address changing so frequently. I wish to thank all members and the public for the parcels I have been receiving.—Roy McLeod.

Dear Sirs: Just received another 300 cigs. They are sure a welcome gift, so thanks to all who help in keeping them coming. All the best from the Coleman lads. —The Hirsts, Tommy Sudworth and Jasper Jones.

Dear Comrades: Deeply appreciate your generosity in sending these cigarettes. Don't know how I will be ever able to repay your kindness. Haven't met many of the local boys since I have been in this outfit so something from home is really appreciated. Thanking you once more for your kindness and wishing you all lots of luck.—E. W. Derbyshire.

Dear Comrades: Enclosed please find card from the last cigs which I received and many thanks. They were mailed June 29 but due to a wrong address just reached me now. I have just returned from a leave in Wales and I had a grand time. I was in swimming in the Bristol channel. It's sure a swell country as well as its people. I asked to be sent to Sicily but my

request was not granted. We are all thrilled at the good news lately as I am sure all you lads home must be.

We are very busy in the shops. I am a charge hand on one of the production lines and have quite a number of men under me. I do not have to do any repairs now, just make sure all the men are kept busy and do the jobs right. We have a few new large horn type loud speakers for our P. A. system and I have to go over to Aldershot next Saturday to operate it for a U.S. Air Force vs Canadian track meet and baseball game. I still followed the news daily to a few hundred men as well as play recorded music during the noon hour. I like that very much. — Archie Wragg.

Dear Sirs: Received your most welcome shipment (four) of cigarettes and I want to express my sincere thanks to all who made these gifts possible. I do run out of Canadian smokes but it does not take long for the Old Faithfuls to arrive. I just came back from a leave spent in Scotland and was very fortunate to run into some of the fellows from the Pass who were also holidaying there.—J. Sikora.

WEDDINGS

SHUFFITA-JOHNSON
The United church in Bellevue was the scene of a pretty wedding on Wednesday, Sept. 1, when Elve Johnson, fourth daughter of Mr. and Mrs. Carl Johnson, of Coleman, was united in marriage to Jack Shuffita, son of Mr. Shuffita and the late Mrs. Shuffita, of Saskatchewan. The Rev. W. H. Irwin officiated.

The bride looked charming in a pink chiffon dress with matching accessories and wearing a corsage of white carnations. The bride's attendant was her sister, Miss Florence, who chose a blue silk dress with matching accessories. Gordon Dunford supported the groom.

The happy couple spent their honeymoon at Cranbrook and Creston. Upon their return they took up residence in Coleman where the groom is employed.

BALOWICH-CIESLAK

The marriage took place at Calgary of two east Coleman citizens, Mrs. Valera Cieslak to Mr. Frank Balowich. Witnesses were Mr. Mike Opulski and Mr. Dan Lemicka, a brother-in-law of the groom.

The party motored to the city on Sunday morning and were the guests of Mr. and Mrs. A. Kolber. They returned home on Tuesday evening and will reside here, the groom being employed at one of the local mines.

MISCELLANEOUS SHOWER

About forty of her friends gathered at the home of Mrs. J. Shields on Tuesday evening in honor of Mrs. J. Shuffita, nee Elve Johnson.

The evening was spent in playing games, cards, bingo and singing. Honors for cards were won by Miss U. Johnson and Mrs. Ivy Valen. The bingo prize was won by Miss Annie Lowe.

A very dainty lunch was served by the hostesses, Mrs. J. Shields, Mrs. F. Vincent and Mrs. R. Vincent.

Norma Shields and Ada Richards carried in a beautifully decorated basket of gifts and presented them to the guest-of-honor, who responded with an able speech of thanks.

Fight by lending.

Wanted

Ambitious man to represent on a spare time basis one of Canada's largest financial institutions. State age, occupation, education and marital status. No National Service permit necessary.

Apply, Advertiser, 34 Canada Life Bldg., Calgary.



THE HUMAN TOUCH ON THE HOME FRONT

1,357,489 Canadians materially benefited from the personal services of The Salvation Army last year in its Old Folks' Homes, Maternity Homes and Hospitals, Prison and Police Court Work, Children's Homes, Children's Summer Camps, Missing Friends' Service, Free Labour Service, Men's Hostels.

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A century of experience, a devoted corps of workers, uniquely qualify The Salvation Army for this work. Through The Army, YOUR compassion, YOUR dollars, are translated into practical Christian action.

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Sept. 20th to Oct. 2nd

COLEMAN OBJECTIVE \$500
Local Chairman, - Mack Stigter

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HOME FRONT APPEAL

